

## Comfort Keepers® Services

### Personal Care

- Bathing, grooming and hygiene
- Mobility assistance
- Transferring and positioning
- Toileting and incontinence care
- Feeding and special diet
- Dementia care
- Medication reminders

### Care Services

- Companionship
- Meal preparation
- Laundry
- Light Housekeeping
- Incidental transportation
- Grocery shopping
- Errand services
- Live-in services (where available)
- 24-hour care
- Respite care or relief for family

### SafetyChoice® Technology

- Personal Emergency Response System (PERS)
- Medication dispenser solutions
- Bedside pressure mats

### Private Nursing Care

*Available in many locations.*

*Please discuss your needs with us, as services may vary by location and province.*



# Comfort Keepers®

ComfortKeepers.ca

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JOURNEY TO RECOVERY

## Transitioning Home

KEEPING THE COMFORTS OF HOME™

# Let Us Help You Transition Home Safely

A safe transition home is the first step to a successful and complete recovery.



## Comfort Keepers® Transition Services

For more than 15 years, Comfort Keepers has helped people transition safely and happily home after treatment at a medical facility.

Being discharged after a hospital or other medical facility stay does not mean your recovery is complete. Patients often continue to have ongoing care needs until they are recovered fully. From short-term support during the transition home, to ongoing care to help ensure you are not readmitted to the hospital or other facility, Comfort Keepers will be there to provide customized care.

Comfort Keepers provides the following services, and more, to help ensure a safe and happy transition:

- Transportation home or to the final destination
- Home assessment to ensure a safe environment
- Prescription pickup
- Reminders to stay compliant with the care plan
- Healthy meal preparation and other help around the house
- Transportation to follow-up appointments

## Critical Timeframes to Make A Successful Transition Home



4 Hours

### Safe Transition Home

Trained caregivers, the special people we call *Comfort Keepers*®, transport clients from the medical facility to home, or the final destination, and help them get settled.



48 Hours

### Reinforce The Plan Of Care

During this critical time, the *Comfort Keeper* alleviates stress by picking up prescriptions, reinforcing doctor's orders and providing emotional support.



7 Days

### Ongoing Care

As clients recover, the *Comfort Keeper* provides assistance with things such as healthy meal preparation, bathing, dressing and medication reminders.



30 Days

### Continued Support

Ongoing support can reduce the risk of hospital readmission for adults with chronic medical conditions and complex needs.

### Specialized Care

*Comfort Keepers* are specially trained to care for clients with Congestive Heart Failure (CHF), Acute Myocardial Infarction (Heart Attack) and Pneumonia. They ensure special diets are followed, rehabilitative activities are completed and medication is taken.